St. James Lutheran Church 111 Peter Road Southbury, CT 06488

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Return Service Requested

July & August, 2019

## THE EPISTLE

"Be doers of the word, and not hearers only." James 1:22





The Season of Pentecost

VBS: July 29-August 2

#### ST. JAMES LUTHERAN CHURCH

111 Peter Road, Southbury, CT 06488 203.264.6446

www.stjamesct.org

email: stjames@snet.net

#### THE ST. JAMES PRESCHOOL

Leslie Broch, Director 203.264.6448



#### Evangelical Lutheran Church in America

God's work. Our hands.

St. James Church is handicapped accessible and family friendly.

#### **▼ ST. JAMES LUTHERAN CHURCH ▼**

www.stjamesct.org email: stjames@snet.net

Pastor: The Reverend Scott D. Nessel Church: 203.264.6446 / Cell: 203.592.0945 scottnessel@yahoo.com and csnessel@juno.com Pastor's Office Hours: Mon. - Thurs. 9am— 11am Ministers: The People of St. James

Sunday School & Bible Study9amSunday Worship with Holy Communion10:15amSaturday Worship with Holy Communion5pmSummer Worship with Holy Communion(June, July, August)9:30am

Coffee and Fellowship follows Sunday Worship; Please Sign-Up!!

#### **CHURCH COUNCIL Linda Bedard Karen Furr Ryan Furr Diane Iannini Judy Katzmark Denise Kuo Karen Lampiasi** Richard Manville, Jr. **Jacque Matthew Tim Peterson** Steven Ulc **STAFF & MINISTRIES** Genie Bisch Parish Secy., Preschool Admin. Asst. 203.264.6446 M,T,Th 3-5:30pm; Fri. 7:30-10:30am Leslie Broch **Director, St. James PreSchool** 203.264.6448 **Director of Music** John Dressel 203.758.8963 Coordinator, Youth&Family Ministries 203.267.6097 Tammy Faulkner **Assistant Treasurer** \$\$ Gail Fay 203.264.1362 \$\$ Erwin Weissmann Financial Secretary 203.264.7563

The Due Date for the September, 2019 issue of The Epistle is <u>August 15<sup>th</sup></u>.

Please send submissions to Genie Bisch (stjames@snet.net)

and Pastor Scott (scottnessel@yahoo.com). Thank You.

#### SERVING IN WORSHIP: JULY & AUGUST, 2019: THANK YOU!

(9:30am)	July 7	July 14	July 21
	Pentecost 4	Pentecost 5	Pentecost 6
Assisting Min.	Jim Mix	Liz Skinski	Lynn Morrison
Comm. Assist	Lynn Morrison	Diane Iannini	Judy Katzmark
Lector	Judy Katzmark	Diane Iannini	Sophia Bedard
Acolyte	Emilie Ulc	<b>Ernie Danek</b>	<b>Emma Bensley</b>
Usher	<b>Bob Morrison</b>	Ed Danieli	Jay Kuo
Coffee Hour			
Counters	G & J Mix	S & J Kelbley	D & J Kuo
(9:30am)	July 28		August 4
	Pentecost 7		Pentecost 8
Assisting Min.	<b>Barb Manville</b>	VBS!!!	Jim Mix
Comm. Assist	Diane Iannini	VBS!!!	Judy Katzmark
Lector	Bill Siegle	VBS!!!	Lucia Dressel
Acolyte	Evelyn Kuo	VBS!!!	Emilie Ulc
Usher	<b>Gary Kline</b>	July 29-	<b>Bob Morrison</b>
Coffee Hour		August 2	
Counters	Neil J & Bob M		G & J Mix
(9:30am)	August 11	August 18	August 25
	Pentecost 9	Pentecost 10	Pentecost 11
Assisting Min.	Lynn Morrison	Curt Haedke	Neil Johnson
Comm. Assist	Liz Skinski	Diane Iannini	Judy Katzmark
Lector	Marylee Siegle	Michaela Bedard	Gary Kline
Acolyte	Ernie Danek	Emma Bensley	Evelyn Kuo
Usher Coffee Hour	Ed Danieli	Jay Kuo	Gary Kline
Corree Hour Counters	S & J Kelbley	D & J Kuo	Neil J & Bob M



St. James Church 

New England Synod

Evangelical Lutheran Church in America

God's work. Our hands.

Our VISION Statement: We envision St. James Church as a growing, Christ- centered community entering new space: to reach out to all people on a journey of faith; to glorify God through inspired worship, intergenerational fellowship; and to addressing human needs in Jesus' name.

## A MESSAGE FROM PASTOR

Dear friends and members of St. James Church, peace to you.



I Love VBS!! I Love VBS!!

VBS 2019, our 5<sup>th</sup> year in this current incarnation of VBS here at St. James Church, will be at the end of July and beginning of August. Thanks be God!

Our theme this year is "Sense God's Love."

Each day will focus on a different way we can sense God being in our lives. We'll wrap up the week on Friday with Psalm 65—
"Come and see what God has done."

There is a lot to come and see at VBS, and there is a lot to come and see with St. James Church, too.

- Come and See us for worship all summer on Saturdays and Sundays
- Come and See what we are doing with Solar Power
- Come and See what we are doing in the Fellowship Hall
- Come and See YOGA!
- Come and See us get ready for another year of PreSchool

There are also many (8) examples in Scripture where we are called to "Get up and go." We went to Synod Assembly in June, and this summer we hope to get up and go to Camp Calumet and we also hope to get up and go to Hammo!

There is a lot of coming and going in the Bible, in the life of faith, and at St. James Church, too. *Come and See!* 

Hope to see you this summer. I Love You. Peace, Pastor Scott



Karen Huber	Arlene Ascenzo	Kay West
Mildred Minervini	Ginny Pucillo	Ramona Cummings
Emileo Alvarado	Kelsey Gerber	Charlie Costello
Ryan DeRidder	Marilyn Balla	Katie D'Antonio
Steffi Spath	Sally Katzmark	Darice Peruch
Elsa Bowen	Richard Bowen	Diane Duffy
Jane Breen	Rebecca Scalera	Mickey Campanile
Fred Wuensch	Vinnie Carbone	Sue Bormolini
Richard Prisco	Lucy Dee	Karl Faulkner
Margaret Greenman	Stanley Ulc	Rose Danieli
Vicky Manville	Angel Guel Andrew Hubina	
Margaret Butts	Robert Kohler	



Please also keep Matt Cheatham, Wilson Owens, Timothy Elwell, Seth Lash, Stephen Danek, and all those who serve in the military, in your prayers.



We also pray for All the Saints, especially Robert Polley, Lenora White, Christina Posca, Gustavo Loshovio, James Powell, Peter Katzmark, Logan Mengold, and all those who mourn the loss of a loved one.

XXXX



St. James PreSchool is getting ready for our 43<sup>rd</sup> Year!! Our 3 & 4-year-old classes are filling up fast, but a few spaces are open! Call 203.264.6448 for registration info.



Join Us for Summer Worship at St. James Church

Saturdays 5pm





Sundays **9:30am** 

XXXX

Join Us for Yoga
With sessions led by
Barb Manville
Every Wednesday at 4pm
Through July & August



Beginners and all ages are welcome.



for your support of the St. James Pre-School Scholarship Fund fundraising event at....

# NEWBURY PLACE

THROUGH YOUR GENEROSITY
WE RAISED
\$400!!

A heartfelt thank you from the St.

James Preschool Teachers and Families!







#### SOUTHBURY FARMERS MARKET

The Southbury Farmer's market will begin on June 20 and run until mid October on Thursdays from 3:00 pm to 6:00 pm at the Southbury Town Hall. Part of caring for God's creation is being a good steward – we can help this by

eating locally produced foods to cut down on use of fuel for transportation. Plus it tastes GREAT!!!



Got any unused prescription

glasses? This year's VBS theme will be "Sense God's Love" and as the children are learning about our senses we will work on mission projects to help those less fortunate than us. Together with the Lion's Club we will be collecting used prescription glasses. As you are



doing spring cleaning, look out for glasses that are no longer used that could be donated! **Thanks** 



#### **Lutheran World School Kits**



VBS will also be collecting school items to put together backpacks for children around the world to be distributed by Lutheran World Relief. Education is one of the strongest tools a community has for breaking the cycle of poverty. School Kits contain essential supplies to help children – and in some cases, adults – continue learning in the face of serious obstacles.

Items we will be collecting include: 16 or 24 pack crayons, rulers, pencil sharpeners, blunt scissors, no2 pencils, ballpoint pens, erasers and wide or college ruled notebooks. Supplies will be accepted until August 4<sup>th</sup>. Monetary donations will also be accepted to cover the cost of shipping. You may make donations to Saint James with the memo: VBS mission.



Any questions please contact Lauren Lyons, 203-982-8415, <a href="mailto:lyonsden1133@yahoo.com">lyonsden1133@yahoo.com</a>. We will be tracking our progress by adding backpacks completed to our poster over the week!





Bishop
Hazelwood's
Blog:



Blog

#### www.jameshazelwood.net

## Practicing Everyday Spirituality on the Boston T (Metro)

On Wednesday, I had a series of appointments in Boston, and the prospect of facing hours of rush hour traffic convinced me to use all of the public transportation modes available. I boarded an Amtrak train in Kingston, Rhode Island, hopped onto a <a href="BlueBike">BlueBike</a> to ride from the Back Bay Station to Dorchester, road the T back to downtown and continued my day with a mix of walking and riding, til returning home that night.



During all this movement, I was mindful of an everyday spirituality – particularly an urban version of it. My friend Laura Everett has written about this in her book, Holy Spokes.

I remained aware of my breathing, walking, moving, and singing as expressions of Everyday Spirituality. But, it was while riding the T that a Holy Intervention struck me. (The above photo was taken just moments before this all happened)

While everyone was immersed in their cell phones, an older woman in a wheelchair was attempting to exit the subway car. Her left wheel got caught on the part of the doorway. She was stuck and in distress. It took a minute for all of us to realize what was unfolding. Soon, many people were up to her aid with one person offering the woman assurance, and two others working on getting her wheelchair unstuck. All this unfolded in a matter of, maybe, a minute and a half. Eventually, she was on her way, and the riders returned to their seats. But, for a minute or two strangers exchanged reflections on what happened, evaluations of the safety of her wheelchair, the nature of riding on the T and thoughts of wellbeing for the rest of the day.

For a brief moment, we were a community - just seconds before we were all in our worlds, strangers with no connection, and no interest in connecting. But, something broke that all apart, and transformed us into generous and concerned human beings.

I'm not saying God caused that to all happen through the woman in distress, but I am saying that when the woman's emergency occurred and people responded, a certain kind of holiness was born into the world - the holiness of the best of human nature. There's something sacred in that, and that's an example of Everyday Spirituality.

Do you have stories like this from your life? Let me know jim@everydayspiritualitybook.com

I'll include it either here on this blog or in an upcoming <u>Podcast</u> Episode.

#### STEWARDSHIP IS COMING

#### **Oct 13 to Nov 3!**

Wow! It isn't stewardship time yet is it? Don't we do that in the Fall?

Well, yes we generally do, but......stewardship is really a year-round priority, we just emphasize it in the Fall as we prepare for the next year's operating programs and budget. But we are called to share our resources constantly, not just our money, but also our time and talent, whether it is rice for the Food Bank, time at a church clean up day, support for our Outreach projects, you name it.

There is also a longer range aspect of stewardship we haven't talked about very much at St James. That is "planned giving", or what many might think of as estate planning.

Many of us have received solicitations from colleges, other charities, museums, etc, encouraging us to remembering organization XYZ in our will or estate plan. This is an effective way to direct some of our assets (after we no longer need them) to important priorities. A straightforward way to do this is through a provision in our will. St James has benefitted in the past from estate gifts that have enabled some of our current programs.

There are many ways to "plan" gifts through our estate, some which even\_begin to operate while we are still "around". They can be complex, but some have significant tax benefits. Most need professional guidance.

The ELCA Foundation is a resource Lutherans (and others) can use to explore various possibilities in Planned Giving. We'd like to offer a September seminar about this subject.

From your stewardship team: Pastor Scott, Bill Siegle, Rich Larson, Jacque Matthew, Karen Lampiasi, and Jim Mix.





#### Hammo is back in CT!!!

The New England Synod's Annual Youth Retreat (grades 8-12) is back at Hammonasset State Park in CT!

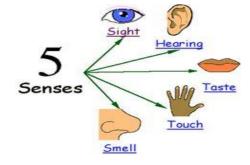
It is scheduled for September 6-8, 2019.

Interested?
See Tammy Faulkner or Pastor Scott

This Year's Theme is: Back to the Beach!!

# You're Invited! St. James Lutheran Church Vacation Bible School

"Sense God's Love"



Who: Kids aged 4 through entering 8<sup>th</sup> grade in Fall 2019 Youth entering 7<sup>th</sup> and 8<sup>th</sup> grade are invited to our leadership track!

When: July 29-Aug 2, 9am - 12pm each day
Join us for a picnic celebration Friday afternoon

Where: St James Lutheran Church;

111 Peter Rd, Southbury, CT 06488

Cost: FREE!!

Sense God's Love through stories in the Bible showing how using the five senses, hear, smell, taste, feel and see, brings us closer in our connection with God!

Each day will have science, games, crafts, music, and more!

To register please complete the form and either mail to St James VBS; 111 Peter Rd, Southbury, CT 06488; email to <a href="mailto:stjamesyafm@gmail.com">stjamesyafm@gmail.com</a> Or register online at <a href="mailto:www.stjamesct.org">www.stjamesct.org</a>

Contact Tammy Faulkner with any questions: <a href="mailto:stjamesyafm@gmail.com">stjamesyafm@gmail.com</a>, 203.264.6446 church or (203)512-4471 cell

### Registration for Vacation Bible School at St. James Lutheran Church, Southbury

Grade entering fall 2019:	
Address:	
City, State, Zip:	
Phone:	
E-mail:	
This child does does not atte	
Sunday School.	
List name of home church:	
Days Child Plans to Attend (circle): M T V Known allergies or other concerns:	V R F
Parent/Guardian's Name:	
Daytime Contact Phone:	
Emergency Contact and Phone	
Number:	
Parent/Guardian Signature:	

#### **AN APPLE A DAY**

#### Exercise & Memory



Like muscles becoming more fit with exercise, even a single workout may make our memory centers more fit. A new study published in The Journal of the International Neuropsychological Society examined how even a single workout can

change how the brain processes semantic memories. As people age semantic memory is one of the first ones to fade. Semantic memory is our knowledge of the world and culture in which we live. This memory represents a buildup of common names and concepts such as identifying a famous person, or a favorite ice cream.

Regular exercise in humans increases the volume of the hippocampus, a key part of the brain's memory network. Until recently adult brains were thought to be fixed in their structure. Several studies have shown that adult brains can rewire and reshape themselves depending on our lifestyles. Exercise in moderate amounts increases the production of neurochemicals and new neurons in mature brains. More studies need to be completed to see if the changes are short term or long lasting. There is growing evidence that exercise can effect brain function and that these effects may accumulate and lead to long term improvements in how our brains operate and how we remember.

The American Heart Association recommends 150 minutes of exercise weekly with no more than two days off in a row.

-- Diane Iannini, Council Member, Parish Nurse, Health & Wellness Coordinator



WOW that school year went fast.

I want to thank all the families who led our special events, Advent wreathe making, Jesus Birthday Breakfast, the Epiphany pageant to Pretzel making and pancake dinners. But, let us not forget the Movie nights, Starbucks, Seder, the Easter egg hunt and Youth Sunday to name a few more. We celebrated Ben Dressel's confirmation and a very special first communion for Jose Alvarado, Madelyn Colasanto and Abigail Lyons and yet we still had Sunday School lessons.

The Younger kids learned about the Disciples, Parable of the Sower, Prodigal Son, the Good Samaritan and much more, bring back memories? Our confirmation age learned about the New Testament, Matthew, Luke, Mark Revelations as they more towards becoming a confirmed member too.

I feel like we just had our blessing of the backpacks from last year's VBS mission and here we are again about to have VBS on July 29th - August 2nd. One month away from "We Sense God's Love" being shared with over 50 registered children so far, that's a lot of love! Before you know it, we will have our Welcome Back to Sunday School celebration. I look forward to another year of activities, events, lessons, What a beautiful thing. In the meantime, have a happy Summer!

Peace and Love, Tammy Faulkner Youth & Family Ministries Coordinator



ELCA presiding bishop, faith leaders issue statement on children in detention 6/6/2019

CHICAGO – The Rev. Elizabeth A. Eaton, presiding bishop of the Evangelical Lutheran Church in America (ELCA), has convened ELCA ecumenical and inter-religious partners in a statement addressing concerns over the well-being of children who cross the U.S. border seeking safety from danger and threats in their home countries.

#### The statement follows:

"For the Lord your God is God of gods ... who executes justice for the orphan and the widow, and who loves the strangers, providing them food and clothing. You shall also love the stranger..." (Deuteronomy 10:17-19).

"Do not let the hatred of people prevent you from being just. Be just ..." (Qur'an 5:8).

Children coming to our nation for safety and protection are dying at our southern border while in U.S. detention. As U.S. religious leaders representing diverse faith perspectives, we are united in our concern for the well-being of vulnerable migrants who cross our borders fleeing from danger and threats to their lives.

A year ago we spoke out against the <u>separation of families</u>. Now we come together again to express our collective outrage and pain over the tragic loss of precious children, made in the image of the Divine. Carlos, a 16-year-old from Guatemala, <u>died May 20</u> in the custody of the Department of Homeland Security (DHS) Customs and Border Protection (CBP). Wilmer, a 2-year-old, <u>died May 14</u>, also in the custody of CBP. They were preceded in death by <u>Jackelin</u>, <u>Felipe</u>, <u>Juan</u> and a 10-year-old girl from El Salvador whose <u>death</u> in September 2018 has just been disclosed. We remember them before God, pray for their grieving families to be

comforted and commit ourselves to work for the humane treatment of all who present themselves for asylum at our border.

Our houses of worship and agencies have welcomed, engaged and served many migrant families that have recently arrived in the U.S. These migrants have left their communities to provide safety for their children and protect them from harm. Sadly, as a nation we have denied them safety, instead placing them in detention facilities, sometimes long after the mandated 72-hour limit. Many detention centers are overcrowded and lack sanitation, further elevating the risk of serious health issues for migrants already stressed and weakened by their journeys.

We believe our nation and its leaders have both the moral and legal responsibility on behalf of those who seek safety in our land. The U.S. has an international legal obligation to do so by virtue of having acceded to the 1967 Protocol Relating to the Status of Refugees and, therefore, must implement those duties in good faith. It also has an obligation to do so under its own domestic law, and executive orders should not attempt to set aside these legal responsibilities. The duty not to return a person to a state where they may face torture or other serious harms is absolute under the U.N. Convention Against Torture, which the U.S. has signed and ratified.

We urge the Administration to maintain its commitment to international law and defend human rights by implementing safeguards to ensure the safety and health of all of those seeking protection in our land, especially those children who fall under our care.

This letter is signed by over 20 inter-faith leaders across the country and world. For a full list, see

www.elca.org/News-and-Events/7982



God's work. Our hands.

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# St. James Church Evangelical Lutheran Church in America

July		學學	God's work. Our hands.			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
delivered Tuesdays usually before 10am	1 9am: Rochambeau Solar Update 8pm: AA	2 10-2pm Upper Room 12pm NVCBible Study	3 10:30am Worship at Lutheran Home 4pm: YOGA 8pm: AA	Happy - 4th - of July	5 9:30-noon: SFB	6 10-2pm Upper Room 5p Saturday Worship
7 Pent 4 9:30am Worship with Holy Communion 10:30 Coffee Fellowship	8 7pm Parish Support 8pm: AA	9 10-2pm Upper Room 12pm NVCBible Study 7pm: Church Council	10 10-2pm Upper Room 9:30-noon: SFB 10:30 &11 Worship@ Watermark 4pm: YOGA 8pm: AA	11 12noon Woodbury Clergy 7pm: Fall Fest Planning	12 9:30-noon: SFB	9:30-noon: SFB 10-2pm Upper Room 5p Saturday Worship
14 Pent 5 9:30am Worship with Holy Communion 10:30 Coffee Fellowship 11am VBS Vol. Orientation 12 VBS Planning	15 8pm: AA	16 10-2pm Upper Room 12pm NVCBible Study 7pm: Fall Fest Planning	17 10-2pm Upper Room 9:30-noon: SFB 4pm: YOGA 8pm: AA	18 10:30a Sby Clergy	19 9:30-noon: SFB	20 10-2pm Upper Room 5p Saturday Worship
21 Pent 6 9:30am Worship with Holy Communion 10:30 Coffee Fellowship 11am VBS Vol. Orientation	7pm Stewardship 8pm: AA	23 10-2pm Upper Room 12pm NVCBible Study	24 10-2pm Upper Room 9:30-noon: SFB 4pm: YOGA 8pm: AA	25	26 9:30-noon: SFB	9:30-noon: SFB 10-2pm Upper Room 5p Saturday Worship
28 Pent 7 9:30am Worship with Holy Communion 10:30 Coffee Fellowship 11:30 VBS Set-Up	9-noon: VBS! 8pm: AA	9-noon: VBS! 10-2pm Upper Room 12pm NVCBible Study	9-noon: VBS! 4pm: YOGA 8pm: AA	Upper Room Thrift Shop Church of the Epiphany: Tues, Wed, Sat 10am– 2pm	Southbury Food Bank (SFB): 9:30- 12 noon Wed & Fri plus 2 <sup>nd</sup> and 4 <sup>th</sup> Sat	2019

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Augu	ıst	MERUS	Evangelical Lutheran Church in America God's work. Our hands.			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Southbury Food Bank (SFB): 9:30-12 noon Wed & Fri plus 2 <sup>nd</sup> and 4 <sup>th</sup> Sat		delivered Tues.s usually before 10am	Upper Room Thrift Shop Church of the Epiphany:Tues, Wed,Sat 10am–2pm	9-noon: VBS! 10:30am Worship at Lutheran Home	9-noon: VBS! 9:30-noon: SFB 12noon VBS Picnic	3 10-2pm Upper Room 5p Saturday Worship
4 Pent 8 9:30am Worship with Holy Communion 10:30 Coffee Fellowship	5 8pm: AA	6 10-2pm Upper Room 12pm NVCBible Study	7 10-2pm Upper Room 9:30-noon: SFB 4pm: YOGA 8pm: AA	8 12noon Woodbury Clergy	9 9:30-noon: SFB	10 Parkinsons' Support Grp Mtg 10-2pm Upper Room 9:30-noon: SFB PreSchool Clean-Up 5p Saturday Worship
11 Pent 9 9:30am Worship with Holy Communion 10:30 Coffee Fellowship	12 7pm Parish Support 8pm: AA	13 10-2pm Upper Room 12pm NVCBible Study 7p Church Council	14 10:30 & 11 Worship Watermark 7pmPreSchool Board 4pm: YOGA 8pm: AA	15 10:30a Sby Clergy 7pm: Fall Fest Planning	16 9:30-noon: SFB	17 10-2pm Upper Room 5p Saturday Worship
18 Pent 10 9:30am Worship with Holy Communion 10:30 Coffee Fellowship	19 8pm: AA	20 10-2pm Upper Room 12pm NVCBible Study	21 10-2pm Upper Room 9:30-noon: SFB 4pm: YOGA 8pm: AA	22	23 9:30-noon: SFB	9:30-noon: SFB 10-2pm Upper Room 5p Saturday Worship
25 Pent 11 9:30am Worship with Holy Communion 10:30 Coffee Fellowship	26 9-noon: VBS 8pm: AA	9-noon: VBS 10-2pm Upper Room 12pm NVCBible Study	28 10-2pm Upper Room 9:30-noon: SFB 4pm: YOGA 8pm: AA	29	30 9:30-noon: SFB	2019